



metro drug coalition

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HARM REDUCTION

FREE NALOXONE TRAININGS

Regional Overdose Prevention Specialists (ROPS) are located throughout the state of Tennessee as a point of contact for training and education on opioid overdose and for overdose prevention through the distribution of naloxone.



Harm Reduction



Addressing Stigma



Increasing Public Awareness

Harm Reduction is a way of preventing disease and promoting health that meets people where they are rather than making judgments about where they should be. Scientifically-proven ways of mitigating risks associated with use are essential. This includes the distribution of the lifesaving opioid overdose antidote Naloxone.

ROPS seek to reduce stigma in their communities by encouraging people at their trainings to use person first language remembering that the person living with a substance use disorder is still a person first. Other stigma reducing topics include identifying unintentional bias, examining drug use from a continuum perspective, and understanding that substance misuse is often linked to trauma.

In their trainings, ROPS also share knowledge of the broader trends of the opioid crisis, the brain science of addiction, compassion fatigue, and how to administer naloxone.

Are you interested in a FREE Training?

Contact Jessica Stanley at jstanley@metrodrug.org or 865-440-5598



Are you in need of treatment resources or recovery support? Please call the **TN Redline** or MDC's Lifeline Director at **865-410-9527**.

